

## Materials list

### *A Life Painting Workshop - with Zarahn Southon*

A basic kit of materials to get you up and going is listed here. Specialist art shops are the best option and will provide student discounts if you mention that you are attending the school. The stores we recommend are:

- Studio Art Supplies, Crummer Road, Grey Lynn
- The French Art Shop, Taylors Road, Morningside
- Gordon Harris, Gillies Avenue, Newmarket and Symonds Street, Auckland Central
- Takapuna Art Supplies, Takapuna

#### Materials required:

- Either stretched canvas, painting panels board, or as an economical option primed thick paper or primed canvas off- cuts taped to board
- Minimum x4 small white primed surfaces: my works range from between 150 x 250mm to max. 600 x 500mm
- Several pieces of 120gram paper (can be purchased at Browne School of art)
- 3 x sticks of medium to hard willow charcoal
- 1 x piece of sandpaper used for sharpening the charcoal
- 1 x kneadable eraser
- 1 x large flat palette (no plates please)
- 1 x odourless turpentine
- 2 x screw cap jars
- 1 x Mahl stick (\*optional)
- 1 x masking tape
- 1 x roll paper towels
- 1 x plastic bag for tissues and rubbish
- 1 x palette knife
- 1 x premixed oil medium.

Brushes: I usually use a minimum of 2 or 3 particular sized brushes at one sitting. I designate one for darks, one for lights, or varying hues, and occasionally one clean brush used to merge brush strokes.

- Round Junior Synthetic Series 303 Da Vinci range (cheap good brushes): sizes no. 3 - 10 is fine for small portraits
- 2 x large Filberts either bristle or synthetic for the background (optional)
- Da Vinci 1875 NOVA Brushes - Filbert
- 2 x size 10
- 2 x size 4

Oil paint: You have the option of either using a small range of colours that will enable you to explore the tonal range of your subject while the large palette will give you a greater range of hue, value and chroma. I use a mixture of Old Holland, Schminke, Rembrandt and Winsor and Newton.

#### Small Palette (optional)

Titanium white  
Yellow Ochre  
Burnt Sienna  
Raw Umber  
Ultramarine Blue  
Ivory Black

**Medium - Large Palette** (optional)

Titanium white or zinc white

Brilliant yellow

Naples yellow

Cadmium yellow

Naples yellow red

Yellow ochre

Vermillion

Cadmium red light

Cadmium orange

Brilliant pink

Alizarin

Violet light

Dioxazine violet

Cerulean blue

Kings blue light

Kings Blue

Violet grey

Ultramarine blue

Sap green

Cadmium Green light

Burnt Sienna

Burnt umber

Raw umber

Ivory black

This list is a general guide only. The majority (though not necessarily all) of these materials may be used as students progress.